“A journey of a thousand miles starts with the first step.”

Founded in 1995, Road to Recovery is a behavioral health and substance abuse practice providing psychological counseling services in English and Spanish. Our clinical staff is licensed and certified, culturally/linguistically competent and offer the highest level of professionalism, warmth, empathy, care, and respect. Road to Recovery is the only privately owned minority psychological counseling practice providing services to:
- DeKalb Co. State Court DUI Court Program
- Clayton Co. Solicitor’s Office Pre-Trial Diversion and Intervention Program
- Clayton Co. District Attorney’s Office Pre-Trial Diversion and Intervention Program
- Gwinnett Co. Department of Family and Children Services
- Barrow Co. Department of Family and Children Services
- Department of Homeland Security
- Department of Justice

Road to Recovery is known for enriching and improving people’s lives. Our community involvement and philanthropic efforts reflect the diverse interests of our business with an emphasis on prevention and intervention. Our commitments extend to helping communities, disadvantaged youth and helping women and children who are at risk of domestic abuse. Most individuals are referred to Road to Recovery by caring attorneys and by officers of the judicial system. Nonetheless, a considerable number of individuals seek help voluntarily.

Road to Recovery does not deny services for inability to pay, instead, we provide flexible payment plans and referrals to appropriate sources for indigent care.

Rocio Del Milagro Woody is a Licensed Master Social Worker (LMSW) and a Nationally Certified Master Addictions Counselor (MAC). Ms. Woody is the Founder and President of The Road to Recovery, Inc., in Atlanta, Georgia.

A graduate of the International Foreign Language Program of the Georgia Institute of Technology (Georgia Tech), Ms. Woody holds a Bachelors Degree in Political Science (BA) with Cum Laude honors and a Master of Social Work (MSW) degree with Honors from The University of Georgia (UGA).

**PROFESSIONAL DEVELOPMENT**

Rocio Del Milagro Woody offers a series of workshops in English and in Spanish that combine skills training, communication, motivation and planning. These workshops, seminars and in service training are an excellent tool to break down barriers, improve communication and are particularly effective for improving overall understanding of mental health issues and cultural awareness. Some of these workshops are listed as follows:
- Inter-Cultural Communication and Cultural Competence
- The Ethics of Cultural Diversity
- Mental Health and the Latino Community
- Alcoholismo: Uso, Abuso & Adicción
- Cultural Competence and Mental Health
- Interpreters
- Asserting Your Voice: “How to Speak Up at Work”

Contact us today to schedule a workshop, training session or seminar.
These are some of our specialized psycho-educational and treatment programs:

Substance Related Programs
- ASAM Level 0.5
  12 week psycho-educational program
- ASAM Level I - Short-Term
  6-12 weeks early intervention
- ASAM Level I - Long-Term
  17-52 weeks outpatient treatment
- Relapse Prevention
  12 week post-graduation program

Family Violence Intervention Program
- 24-Week Psycho-educational Program based on the guidelines set by the Georgia Commission on Family Violence (GCFV) O.C.G.A §19-13-10.

Anger Management Program
- 12-Week Cognitive Behavioral Program based on the guidelines set by the US Department of Health and Human Services

Parenting Skills Program
- 6 to 12 Week Psycho-educational Program based on the Partners on Parenting Program in conjunction with culturally sensitive best practices programs.

Victim Impact Panel
- 2 Hour Educational Program offered once a month. Sessions are educational, engaging and designed by experts to help reduce drunk driving incidents.

Values Clarification Program
- 4-Week (8 hrs total) based on the Gwinnett County Solicitor’s Office Program Standards
- Other Counties adhere to the Best Practices Models accepted by DHS

Shoplifters Alternative Program
- 1-Day (8 hrs total) this program is designed to meet the needs of the DeKalb County Court System, usually offered on weekends.

Theft Awareness & Prevention Program
- 3-Hour Class based on the standards set by the National Safety Council. This program is designed to meet the needs of the Cobb County Court System.

Risk Reduction Program – DUI School
- 20-Hour Prevention Program based on the PRIME FOR LIFE curriculum; which is an evidence-based program designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to “high risk” alcohol and drug use.

Defensive Driving Classes
- 6-Hour Education Program; The National safety Council offers a comprehensive driver improvement program designed to give drivers practical knowledge and techniques on how to avoid collisions and violations, and to choose safe, responsible, and lawful driving behaviors.

Drug Testing
- Alcohol and Drug Testing On-Site: Hair, Saliva, Breath, Urine. Laboratory confirmation.

SPECIALIZED SERVICES

Immigration Evaluations
- Extreme Hardship
- Political Asylum
- Victims of Domestic Abuse (VAWA)
- Victims of Crime (VOCA)
- Substance Related Disorders in Remission
- Best Interest of the Child
- Clinical Diagnostic Evaluations and recommendations based on thorough clinical interviews(4-6 hours) resulting in professional, full evaluation reports within two to five business days.

Clinical Evaluations for Substance Related Disorders (DSM-IV TR)
- Substance Abuse Clinical Evaluations
- First DUI Offense (HB 336)
- Multiple DUI Offender (HB 681)
- Possession of Controlled Substances (VGCSA)
- Underage Consumption
- Minors in Possession of Alcohol/Drugs

Professional Counseling
- Individual Psychotherapy
- Couples Counseling
- Family Counseling
- Co-Dependency Issues
- Depression, Anxiety, Stress
- Adult/Child Abuse Survivors
- Acculturation Issues

DeKalb County
3155 Presidential Dr. #104
Atlanta, GA 30340
(770) 220-2885

Cobb County
815 Windy Hill Rd.
Smyrna, GA 30080
(770) 437-0050

Gwinnett County
320 West Pike St. #201
Lawrenceville, GA 30045
(678) 985-8211

Clayton County
4561 Jonesboro Rd.
Forest Park, GA 30297
(404) 361-5009

Hall County
840 Main St.
Gainesville, GA 30501
(770) 534-2664

Fulton County
200 Hannover Park Rd. #120
Sandy Springs, GA 30350
(770) 640-7778